

# Today I'm thinking about



**Alzheimer  
Scotland**  
Action on Dementia

Name: \_\_\_\_\_

Area: \_\_\_\_\_

Today I am thinking about...

It is making me feel...

I want decision makers to know...

Return to the Active Voice Team at Alzheimer Scotland, 81 Oxford Street,  
Glasgow, G5 9EP or email [activevoice@alzscot.org](mailto:activevoice@alzscot.org)