

Every step: improving brain health informing policy influencing care

Monday 22 September
Edinburgh International
Conference Centre (EICC)

#AlzScot25



Our 'Stop the cuts' campaign challenges the devastating cuts being made to health and social care services for people with dementia, their families and carers across Scotland.



You can help us stop the cuts and demand change by adding your voice to our campaign and signing our petition.

Find out more: www.alzscot.org/stopthecuts Share your support with: #StopTheCuts













Information for delegates

All conference sessions, refreshments, lunch and our marketplace will be held in the Lennox Suite. If you need assistance at any time, please ask a member of the Alzheimer Scotland event team (wearing purple t-shirts). We have a dedicated Quiet Space available in the Moffat Room. This will be signposted.

To connect to the EICC Wi-Fi, please use these details:

Network: delegate Password: haymarket

9.30am - 10.30am Registration, teas & coffees, breakfast & marketplace

10.30am - 11.25am
Opening Session

Our speakers

- Welcome from Active Voice
 A warm welcome from our two
 Active Voice groups Rynagh Flynn
 from the Scottish Dementia Working
 Group (SDWG) and Frank Stephen
 from the National Dementia Carers
 Action Network (NDCAN).
- Alzheimer Scotland address
 Henry Simmons, Chief Executive of Alzheimer Scotland
- Ministerial address
 Tom Arthur MSP, Minister for Social
 Care and Mental Wellbeing









11.25am - 12.40pm Session 1

Never too early, never too late - how brain health is changing conversations and changing lives

Discover how supporting brain health across all stages of life can reduce dementia risk and empower everyday action. This session highlights the latest evidence, practical strategies, and inspiring examples of how our programmes are transforming conversations and improving lives.

The session will be opened by Marion Ritchie from NDCAN and Danny Murphy from SDWG.

After the presentations, there will be a Q&A session.





Our speakers

Gillian Councill,
 Director of Brain Health and Development,
 Alzheimer Scotland



Marri Welsh,
 Director of Communications and Operations,
 Alzheimer Scotland



Joanna Crispell,
 Brain Health Engagement Lead,
 Alzheimer Scotland



12.40pm - 2.30pm Lunch, networking, marketplace & focus sessions

Our focus sessions run concurrently from 1.40pm to 2.20pm – you can choose from:

Option 1 Main Hall Henry McLeish, Former First Minister and Alzheimer Scotland Ambassador will be launching Alzheimer Scotland's policy manifesto. This will be followed by a Q&A session.

Option 2Lammermuir
Suite

Hear from Playlist for Life, the Care Inspectorate and Healthcare Improvement Scotland/Focus on Dementia as they share project updates. This will be followed by a Q&A session.

2.30pm - 2.50pm Keynote Speaker — Sanjeev Kohli

Our keynote speaker is Scottish actor and comedian, Sanjeev Kohli, who will be talking about his personal experience of his late dad having Alzheimer's disease.



2.50pm - 4.05pm Session 2

The power of knowledge - how today's research is shaping tomorrow's dementia care

This session will look at the recent work being done to improve care for people living with dementia. From day care and therapeutic activity to looking at advanced dementia in care homes and the current state of long term care, our speakers will deliver a thought-provoking session on this crucial issue.

The session will be opened by Elaine Deehan from NDCAN and Stuart Dougall from SDWG.

After the presentations, there will be a O&A session





Our speakers

- Dr Jenni Burton, NES/CSO Postdoctoral **Clinical Lecturer and Honorary Specialist** Registrar in Geriatric Medicine, **University of Glasgow & NHS Lanarkshire** 'Advanced dementia in Scotland's care homes research to support care'
- Professor Debbie Tolson. **Emeritus Alzheimer Scotland Professor of** Dementia. University of the West of Scotland 'Day care matters'
- Henry Simmons, Chief Executive of **Alzheimer Scotland** 'An overview of the current state of long term care,

and hope for future long term care provision'







4.05pm - 4.15pm

(losing remarks from (hief Executive, Henry Simmons



We are Scotland's national dementia charity

Help us continue our vital work by making a donation today



www.alzscot.org/donate

Thank you for your support

We hope you have enjoyed today and would appreciate your feedback.

Please scan the QR code to access our evaluation form.





Prevent. Care. Cure.